November NEWSLETTER

A MESSAGE FROM Ellen



As we head into the end of term and look ahead to Christmas, there's plenty happening across our community. In this month's newsletter, we're sharing what's coming up over the festive season and into January, and taking a moment to thank the people who've helped make our recent events possible.

A big thank you to everyone who came along to our Wild at Heart Ladies Night, donated a prize or helped bring the evening together. We raised $8,500 to support programs and inclusive community events for local children and families. I also had the pleasure of speaking with the Country Women's Association's Nepean Group about our work, and I'd like to thank them for their warm welcome and generous donation.

Last month, we're celebrating our occupational therapists and the everyday ways they help children join in at home, at school and in the community. That same idea is behind our sensory breakout spaces at three local Christmas events, where families can take a quiet break and rejoin the festivities when they're ready. If you're planning a Santa visit, we've also put together a guide to sensory-friendly sessions in the Hills and surrounds.

Looking ahead to January, you'll find details on our Create, Play & Explore school holiday program and our Intensive Transition to School program for children starting Kindy in 2027.

We'd love for youe to support our work this festive season, our Christmas Raffle is now open, with a $1,000 Castle Towers gift voucher up for grabs. I hope to see some of you out and about at the Christmas events!

Warm regards
Ellen Kulbicki
CEO

LATEST *news*

Wild at Heart Ladies Night

Together, we raised $8,500!

Thank you to everyone who joined us at Entrata Glenhaven, donated a prize or helped bring the night to life. The $8,500 raised will support STF programs and inclusive community events for local children and families.



READ THE LADIES NIGHT WRAP-UP →

Our Christmas Raffle Is Open!

Win a $1,000 Castle Towers gift voucher

Enter for your chance to win a $1,000 Castle Towers gift voucher. Every ticket helps fund early screening, subsidised group programs and inclusive events for local children and families.

Drawn Wed 16th December 2pm AEDT



Country Womens Association

Local connections. Shared purpose.

On 27 October, our CEO Ellen Kulbicki spoke at the Country Women's Association of NSW Nepean Group's 96th AGM and Conference about how STF supports children with developmental delay or neurodivergent needs and their families. Thank you CWA for your generous donation.



Occupational Therapy Week

Participation Matters

This OT Week, we celebrated the OTs who help children join in at home, at school and in the community. The work with families and educators to adapt everyday activities, from playground games to classroom tasks.



Sensory Breakout Space

Where you will find us this festive season

If the crowds or noise get a bit much, pop into our sensory tent. Children and families can take a quiet break and head back to the festivities when they're ready.

CLICK FOR MORE INFO →



Sun 6 December | Mayor's Children's Christmas Party, Bella Vista Farm

Sat 12 December | Carols by Candlelight, Fagan Park, Galston

Sun 13 December | Glenhaven Carols by Candlelight, Glenhaven Oval

HOLIDAY *Programs*

January School Holiday Programs

Create, Play & Explore

From hands-on science and craft to cooking and movement games, children can try something new and make friends in a supportive group. January sessions run at St Gabriel's School and Stronger Together Foundation.



FOR DATES AND MORE INFO →

Intensive Transition to School

Build confidence for the first day of Kindy

In this four-day January program, children starting Kindy in 2027 can practise classroom routines, join group activities and learn to manage their school belongings through play.



FOR MORE INFORMATION →

PARENT AND PROFESSIONAL *Workshops*

Neurowild Workshop

Last chance to book for Friday!

Join Em Hammond online for practical, neurodiversity-affirming strategies to support Autistic and ADHD children. Your ticket includes the workshop recording.

New date:

Friday 20 November
12pm - 3pm AEDT



BOOK YOUR SPOT NOW →

IN OUR *community.*

Sensory Sensitive Santa

A quieter Santa visit this Christmas

Give your child time to meet Santa at their own pace. Our guide brings together sensory-friendly Santa sessions in the Hills and surrounds.

SEE DATES AND BOOKING DETAILS →



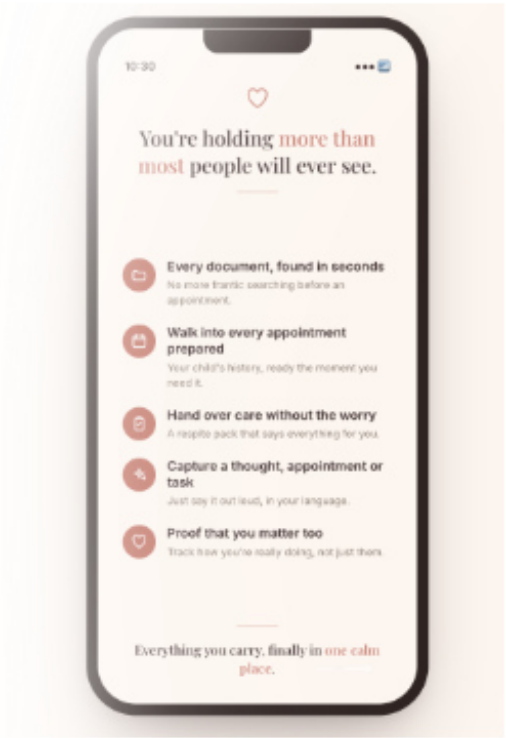
Strong HERside

An app to take some of the juggling out of care.

Our sensory tent gives children and families a calm place to take a break from crowds and noise. Stop by for a quiet activity or a moment to recharge, then rejoin the fun when you're ready.

Available on iOS and Android.

EXPLORE STRONGHERSIDE →



2026 Supporters

CommBank Staff Foundation

Bendigo Bank

CHRG - Castle Hill RSL Group -

The Hills Sydney's Garden Shire

The Hills Club

guardian

JDI Services Pty Ltd
Business Coaching | Consulting | Sales Training

Robert Cliff Master Jewellers

Matrix Norwest
Integrated Advice

SWC
statewidecivil

Tomcat Air
Perfect Your Space

aeon Pools

1 Auto One
It's the One!

abl

Castle Towers

Craig Young Homes Pty Ltd

CS1 Group

eko Finance & Home Loans

Flemming Group

FundFindrs

Goldman Plumbing Services

GTC Asphalt Pty Ltd

Hire A Hubby
Property Maintenance

Hitech Polished Concrete
The Next Generation

My CareSpace

PWG
Power Water Gas

Tier One Recruitment

ELB

fusion. careers

McCall

Temple
Skincare & Spa


STRONGER
TOGETHER
FOUNDATION

