
March 2026 Newsletter

From Stronger Together Foundation <info@stf.org.au>

Date Fri 13/03/2026 13:01

To Narelle Peart <narellep@stf.org.au>



A message from Ellen

As we settle into March, there is a lot happening at Stronger Together Foundation and many opportunities for families, professionals and our wider community to connect, learn and get involved.

This month we are proud to celebrate **Neurodiversity Celebration Week**, a time to recognise the unique strengths, perspectives and contributions of neurodivergent individuals. It is also an opportunity to continue conversations about creating communities where children feel understood, supported and valued for who they are.

You will also see a number of **workshops and learning opportunities** coming up for both families and professionals. These sessions are designed to share knowledge, build confidence and support the people who play such an important role in the lives of neurodivergent children.

We're also delighted to be celebrating a special milestone within our team, with **Kirsten marking 10 years at Stronger Together Foundation**. Kirsten's dedication to supporting children and families has had a meaningful impact on so many in our community, and we are incredibly grateful for the care and expertise she brings to her work every day.

Alongside this, our **school holiday programs**, community connections and upcoming **Charity Golf Day** all play an important role in strengthening the support network around families in our community.

Thank you, as always, for being part of the Stronger Together community.

— Ellen Kulbicki, CEO

Staff News



Congratulations Kirsten

This month we celebrated **Kirsten's 10-year anniversary with Stronger Together Foundation**. Kirsten is an exceptional Occupational Therapist who is highly valued by the families she works with and greatly respected and loved by her colleagues. We feel incredibly fortunate to have shared the past ten years with Kirsten.

Celebrating Neurodiversity Week

This month we're proud to celebrate Neurodiversity Celebration Week, recognising the strengths, perspectives and individuality that neurodivergent people bring to our community.

To mark the week, we're selling our exclusive Stronger Together merchandise, designed to celebrate neurodiversity and help raise funds to support the children and families we work with.

We've also shared reflections from our team on what neurodiversity means to them, and how it shapes the way we support neurodivergent children every day.

👉 [Read the blog](#)

👉 [Explore the merchandise collection](#)

Make sure you follow along on our **social media channels**, where we'll be sharing stories, insights and reflections from our team throughout the week.



Professional and Parent Workshops

Our workshop program is well underway with a range of sessions designed to support both professionals working with neurodivergent children and families navigating their child's journey.

This month we're pleased to be hosting **Em Hammond (NeuroWild)** for a professional development workshop exploring how allied health professionals can reframe their role in supporting the wellbeing and mental health of neurodivergent children.

We're also looking forward to our upcoming **School Options Workshop**, designed to help families explore primary and high school pathways and hear directly from local schools and educators.

Looking ahead, registrations are now open for a **two-part workshop with Sarah Lovett in May**, focusing on understanding and supporting **Pathological Demand Avoidance (PDA)** and offering practical strategies for supporting children across home, school and therapy environments.



PROFESSIONAL DEVELOPMENT WORKSHOP

REFRAMING OUR ROLE AS ALLIED HEALTH PROFESSIONALS



Em Hammond
Presenter

NeuroWild

 **Friday 20th March**

[Click for tickets and more info](#)

PROFESSIONAL DEVELOPMENT WORKSHOP

SUPPORTING PDA: A 2 PART WORKSHOP



Sarah Lovett
Presenter

 **Monday 11th May**
Monday 25th May

[Click for tickets and more info](#)

April School Holidays Program - Bookings Open

Our school holiday programs are now open for bookings, with **Create, Play Explore** sessions running both at Stronger Together Foundation and St Gabriel's School.

Programs focus on connection, social engagement and activities designed to support children in a safe and inclusive environment.

Places are limited and often fill quickly.

[👉 View the programs](#)

Create, Play & Explore

School Holiday Program for Year K-5

Hands-on experiences in STEM, arts & crafts, movement, cooking and sensory play in a supportive, therapist-led group.

[Learn More](#)

Children will participate in.

- ✓ STEM Projects
- ✓ Arts & crafts
- ✓ Cooking & food experiments
- ✓ Movement & games
- ✓ Social participation & friendships
- ✓ Therapist-supported learning



Fundraising Events

Charity Golf Day – Teams & Hole Sponsorships Now Open

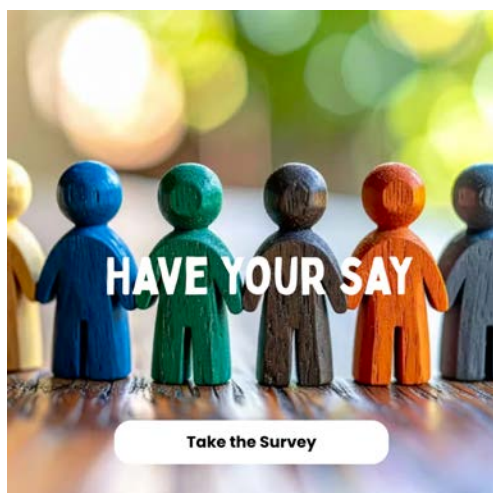
Funds raised through our **Charity Golf Day** help Stronger Together Foundation deliver early intervention programs, free therapy screeners, sibling support initiatives and inclusive community experiences for local families.

If you'd like to **enter a team, sponsor a hole, or donate a prize**, we'd love your support. Simply reply to this email or register via the link below. 🏌️

👉 [Register your team](#) or secure your [sponsorship](#)



In our Community



The Hills Shire Council is inviting community members to share their experiences of accessibility and inclusion in our local area. Feedback will help shape the **2026–2030 Disability Inclusion Action Plan**.

If accessibility, community participation or inclusive spaces matter to your family, this is a great opportunity to have your voice heard.

👉 [Complete the survey](#)



Aspect School

Families are invited to explore a supportive and inclusive learning environment at Aspect Western Sydney School's upcoming Open Day this March.

The Open Day will be held on **Saturday 21 March 2026, from 9:30am to 11:30am**

We are hiring!



We're growing our team and are currently hiring **Speech & Occupational Therapists**.

These roles are ideal for those who are passionate about family-centred practice, enjoy working across home, school and community settings, and want to be part of a supportive team making a genuine difference to children and families in the Hills District.

With flexible scheduling, a warm team culture and opportunities to contribute to group programs and community initiatives, it's a role where you can truly see the impact of your work.

If you know someone who would be a great fit, please feel free to share this opportunity with them.

JOIN OUR TEAM

2025/2026 Supporters



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THE NEXT GENERATION



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