

## February 2026 Newsletter

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From Stronger Together Foundation <info@stf.org.au>

Date Fri 13/02/2026 14:20

To Narelle Peart <narellep@stf.org.au>



# February

## NEWSLETTER

*A message from Ellen*



As we settle into the year ahead, many of our families are also settling back into school routines, with some children returning to familiar classrooms and others, especially our new Kindy starters, beginning their school journey for the very first time. It's an exciting and sometimes overwhelming time, and we're so pleased to be alongside you as the year unfolds.

We're looking forward to sharing what's coming up at Stronger Together Foundation. From the launch of our 2nd Annual School Options Workshop and professional development program, to group programs now underway and our Annual Charity Golf Day now open for bookings, there's plenty happening across our community.

Thank you for being part of the Stronger Together Foundation community. Your support, involvement and engagement help us continue creating inclusive, supportive spaces for children and families. If you have any questions or would like to get involved, we'd love to hear from you.

— **Ellen Kulbicki, CEO**

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## Upcoming Events

## School Options Workshop – Registrations now open

We're excited to launch our annual **School Options Workshop**, designed to support parents and carers navigating schooling decisions for children with additional support needs.

This practical session brings specialist schools and the NSW Department of Education all in one place, giving families the opportunity to ask questions, hear directly from schools, and feel more confident in their next steps.

If you're supporting a child who is starting school or transitioning to high school in 2027 or 2028, we warmly encourage you to join us.

👉 *Bookings and full details available via our [website](#)*



## Professional Development Workshops – Program Launch

Our **2025 Professional Development Workshop program** is now live, offering meaningful learning opportunities for professionals working with neurodivergent children and families.

Throughout the year we will be partnering with experienced subject matter experts in their respective fields. These sessions focus on neuroaffirming practice, evidence-informed approaches and practical strategies that can be applied in real-world settings.

We're pleased to be welcoming **Em Hammond (AKA NeuroWild)** for the first workshop of the year. This session is designed for allied health professionals who want to deepen their understanding of neuroaffirming practice, reflect on their role in supporting wellbeing and mental health, and gain practical tools they can confidently apply in their clinical work.

👉 View the [full calendar](#) and [register online](#)



PROFESSIONAL DEVELOPMENT  
ONLINE WORKSHOP

with  
**NeuroWild**

Reframing Our Role as  
Allied Health Professionals

Friday 20<sup>th</sup> March 2026

[Click for tickets and more info](#)

The image features a colorful illustration of a yellow house with a large arched window, decorated with green vines and potted plants. To the right, the text 'PROFESSIONAL DEVELOPMENT ONLINE WORKSHOP' is written in teal. Below this, 'with NeuroWild' is written in a playful, colorful font. Underneath, 'Reframing Our Role as Allied Health Professionals' is written in teal. The date 'Friday 20<sup>th</sup> March 2026' is displayed in black, and a teal button with white text says 'Click for tickets and more info'.

## Charity Golf Day – Teams & Hole Sponsorships Now Open

Bookings are now open for our **Stronger Together Foundation Charity Golf Day**, one of our major fundraising events for the year.

Team registrations and hole sponsorship opportunities are available, with limited spots on offer. The day is a great opportunity to enjoy time on the course while helping fund vital programs and supports for children and families in our community.

👉 [Register your team](#) or secure your [sponsorship](#)



**ANNUAL  
CHARITY GOLF DAY**

FRIDAY, 8 MAY 2026 | LYNWOOD GOLF & COUNTRY CLUB

PROUDLY SUPPORTED BY  **guardian**

[Click here for more info](#)



The image shows a green, grassy mound with a white golf ball on the right side. The text 'ANNUAL CHARITY GOLF DAY' is written in large white letters. Below it, 'FRIDAY, 8 MAY 2026 | LYNWOOD GOLF & COUNTRY CLUB' is written in smaller white letters. At the bottom left, it says 'PROUDLY SUPPORTED BY' followed by the Guardian logo and the word 'guardian'. At the bottom right, there is a yellow button with the text 'Click here for more info'. On the right side, there is a circular logo for the 'STRONGER TOGETHER FOUNDATION' featuring two stylized figures.

## Latest Blog: Sensory Friendly Classrooms



Our latest blog explores **sensory supports for creating neurodiverse-friendly classrooms**, with practical ideas that can benefit both home and school environments.

👉 Read the full blog on our [website](#)

## 2026 Group Programs - Limited Places!

Our Term 1 group programs are now underway, and it's been wonderful to see children settling in and connecting with one another.

It's not too late to join. We currently have **one or two places available** in selected groups, including:

- Andy Bear Club
- School Ready Kidz
- Kidz Club

These programs support children to build confidence, social skills, routines and emotional regulation in a warm, structured and inclusive environment.

**School Ready Kidz**

For children starting Kindergarten in 2027

A structured, therapist-supported program that helps children build independence, confidence, classroom skills, and social readiness.

Children will learn.

- ✓ Wearing and managing school uniform
- ✓ Following routines & transitions
- ✓ Working independently and in groups
- ✓ Following teacher instructions
- ✓ Managing belongings & table tasks
- ✓ Social participation and confidence

Learn More

**Kidz Club**

For children in Kindy to Year 4 in 2026

Kidz Club is a small, supported group program where children build confidence, friendships and skills through fun, inclusive activities led by experienced therapists.

Children will.

- ✓ Build friendships and practise positive peer interactions
- ✓ Develop communication skills
- ✓ Strengthen emotional regulation and coping strategies
- ✓ Participate confidently in group activities and play
- ✓ Practise listening, sharing and cooperative play

Learn More

**Andy Bear Club**

For Preschool Aged Children

A 2-day early childhood program that emulates typical daycare experiences to support engagement, learning and participation.

Children will.

- ✓ Follow familiar routines and transitions
- ✓ Engage in play and early learning activities
- ✓ Develop communication and interaction skills
- ✓ Build independence and confidence

Learn More

## 2026 Group Programs

## We are hiring!



We're growing our team and are currently hiring **Speech & Occupational Therapists**.

These roles are ideal for those who are passionate about family-centred practice, enjoy working across home, school and community settings, and want to be part of a supportive team making a genuine difference to children and families in the Hills District.

With flexible scheduling, a warm team culture and opportunities to contribute to group programs and community initiatives, it's a role where you can truly see the impact of your work.

If you know someone who would be a great fit, please feel free to share this opportunity with them.

JOIN OUR TEAM

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## In our Community



**Warrah Specialist School**

Monday 23 Feb 2026

[More Info](#)

**St Gabriels School, Castle Hill**

Kindergarten Open Day

Thursday 5th March

[More Info](#)

**St Gabriels School, Castle Hill**

Year 7 Open Day

Thursday 12th March

[More Info](#)

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## 2025/2026 Supporters





Contact us

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