
January 2026 Newsletter

From Stronger Together Foundation <info@stf.org.au>

Date Mon 19/01/2026 08:35

To Narelle Peart <narellep@stf.org.au>



January NEWSLETTER

A message from Ellen



As we welcome the new year, I'd like to extend a warm welcome to everyone who is new to Stronger Together Foundation or has recently subscribed to our newsletter, as well as thank our long-standing families, partners and supporters for being part of our community.

Whether you've joined a program, attended an event, accessed a free screener or simply followed our work, your support helps us continue creating inclusive, supportive opportunities for children and families.

The start of the year is a time for fresh beginnings and planning ahead, and we're looking forward to what 2026 will bring. From our Term 1 group programs and free screeners, to important events like our School Options Workshop and Charity Golf Day, there is much ahead that we're excited to share with you.

Thank you for starting the year with us. I hope this edition helps you feel informed, supported and connected as we move into the months ahead.

— Ellen Kulbicki, CEO

Practical Ways to Support Your Child's Transition to School

Starting school is a big milestone for any child, and it can bring extra questions and emotions for families of children with developmental delays or neurodivergent children. Our latest blog shares practical, supportive strategies to help make the transition to school feel more manageable, from building familiarity with the school environment to establishing routines and supporting independence.

If your child is starting school soon, or you're beginning to think ahead, this blog offers gentle guidance to help you feel prepared and supported.

[Read Blog](#)

2026 Group Programs - only a few spots left!

We're currently planning our Term 1 group programs and are inviting families to submit an Expression of Interest to secure the last few spaces we have available. These programs support children to build confidence, social skills, routines and emotional regulation in a warm, structured and inclusive environment. For details of individual programs follow the links.



2026 Group Programs



Upcoming Events

We are excited to announce that we will be hosting our **School Options Workshop** again in 2026, supporting families of children with disabilities, developmental delays and neurodivergent children as they navigate schooling transitions.

SAVE THE DATE

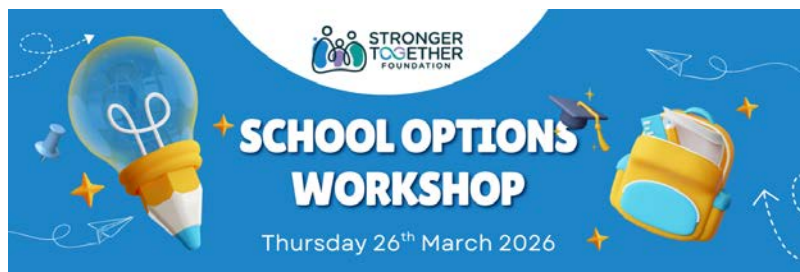
 **Thursday, 26 March 2026**
 **Castle Hill RSL.**

New for 2026, the workshop will include two dedicated sessions:

- **Primary School Session**
- **High School Transition Session**

Confirmed program details, session times and booking links will be released very soon!

We are also seeking **Expressions of Interest for a Major Sponsor** for this event. Schools or local businesses interested in supporting this important community initiative are encouraged to get in touch.



We are hiring!

We're growing our team and are currently hiring **Speech & Occupational Therapists**.

These roles are ideal for those who are passionate about family-centred practice, enjoy working across home, school and community settings, and want to be part of a supportive team making a genuine difference to children and families in the Hills District.

With flexible scheduling, a warm team culture and opportunities to contribute to group programs and community initiatives, it's a role where you can truly see the impact of your work.

If you know someone who would be a great fit, please feel free to share this opportunity with them.



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