



May Newsletter



A message from Ellen



Hi all! May is off to a great start with our **Annual Charity Golf Day**—thank you to everyone who helped us raise vital funds for our programs! We're also proud to have been formally recognised in the NSW Parliament for our School Options Workshop. Our next **parent workshop** is coming up soon—if toilet training is on your radar, you won't want to miss it. Finally, **we're growing our team!** Scroll for available roles. We hope you have a wonderful May!

[Read about our Golf Day...](#)

Happy Anniversary!



Thank you to all the families who joined us to celebrate our **first anniversary** as the **Stronger Together Foundation!** It coincided with our **Community Family Event** at Lollipop's Playland, exclusively for children with neurodivergent needs or disability and their siblings. We were thrilled to have **Mayor, Dr Michelle Byrne**, join us for the festivities and share in the cutting of the cake (which was thoroughly enjoyed by all!). We look forward to hosting another event soon!



Parent workshop



This month we are hosting our Parent Connections Workshop **online**, and we hope you will be able to join us! Lead Occupational Therapist Rhyannah will be presenting and discussing **toileting**, which is always a very popular topic. This session is designed to **help parents support their children** through the toilet training journey in a comfortable and safe way. It's an opportunity to learn more, ask questions, and discuss experiences with other parents.

[Book here](#)

*We are
hiring!*



Join our neuroaffirming, not-for-profit team of OTs, speech pathologists & special educators! We are currently looking to fill **3 x positions** here at the Foundation:

- Occupational Therapist (full time): **click for the SEEK ad**
- Occupational Therapy Assistant (casual): **contact us via info@stf.org.au**
- Administration Coordinator (full time): **contact us via info@stf.org.au**

[Click for OT SEEK ad...](#)

*Parliament
recognition*



We are pleased to share that the Stronger Together Foundation has been formally acknowledged in the NSW Parliament through a Community Recognition Statement. This recognition highlights the work we're doing to support families of children with disability and developmental delays—and in particular, celebrates the success of our first annual **School Options Workshop**, held earlier this year.

[Read more...](#)

Term 2 Group Programs

LIMITED SPOTS AVAILABLE

Places are filling fast for our popular group programs for Term 2! Contact us at info@stf.org.au to secure your child's spot today.

Monday	Tuesday	Wednesday	Thursday	Friday
Andy Bear Club (3-5 years) 8:30am - 11:30am	Andy Bear Club (3-5 years) 8:30am - 11:30am	School Ready Kidz (children starting Kindergarten in 2026) 12:30pm - 2:30pm	Communication Explorers (6 months- 4 years) 9:30am - 11:00am	School Ready Kidz (children starting Kindergarten in 2026) 9:30am - 11:30am
Expressions of interest: Kidz Club (Kindergarten- Year 4) 3:30pm - 5:00pm	Expressions of interest: School Ready Kidz (children starting Kindergarten in 2026) 12:30pm - 2:30pm		Kidz Club (Kindergarten- Year 4) 3:30pm - 5:00pm	Details...

SibWorks Program



Disability impacts the whole family.

SibWorks is a **peer support program** for children aged 8-12, who have a brother or sister with disability or neurodivergent needs. The program is **designed to support siblings** by building their emotional wellbeing and resilience and connecting with others who share the same experience. Funded by the CommBank Staff Foundation, we are excited to be running the program again in the **July** school holidays.

[More info...](#)

*In the
community*



The Penrith District Netball Association has introduced their first-ever **All Abilities Netball Program!** It's a 9-week program designed for both children (aged 7+) and adults with physical or intellectual disabilities to enjoy netball in a fun, inclusive environment. It's for both beginners and those with some experience. Contact Meighan at intermediateregistrar@penrithnetball.com.au for more info.

The **Pennant Hills Juniors Kickability** season is just getting started, and there's lots of fun ahead! Whether your child is working on catching, or has mastered the basics, this is a beautiful, supportive environment.



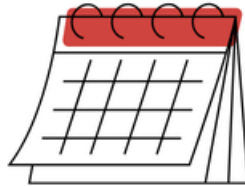
You can head to **Ern Holmes Oval, Pennant Hills**, on a Sunday morning from 8.30-9.30am (they're at the scoreboard end of the ground), or you can contact kickability@pennanthillsjafc.com.au for more information.



Save the Date



We're so excited to be in the midst of planning our **fourth annual Stronger Together Conference!** This year, the Conference will be held at **Rydges Norwest**. Pop it into your calendars and stay tuned for the exciting details!



**Saturday,
16th August
2025**



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