



Formerly known as Fit Kidz Foundation Ltd.

September 2024 Newsletter



Welcome to September!

It was so wonderful seeing so many families and services at our **third annual Stronger Together Conference** on the weekend! The guest speakers were **so inspiring**, and it was great to see parents **connecting** not only with each other, but also with the amazing local supports and services. Plus, for the first time, we were thrilled to host a workshop for industry professionals about **neurodiversity-affirming practice** with the fantastic Em Mainey (aka **Neurowild**). Check out our blog posts (click for [Conference](#) and [Workshop](#)) for info and pictures.

If you haven't yet registered for our [Annual Charity Golf Day](#), **it's not too late!** Even if you don't play, there are **other ways to get involved**, so we hope to see you there for another fun day!

Speaking of fun, we're excited to be hosting another **Community Access Event** at Inflatable World, Dural, with thanks to a Castle Hill RSL ClubGRANT! These events are for children with developmental delays, disability or neurodivergent needs and their siblings, and we have **exclusive access** from 5pm until 7pm on **Thursday 10th October**. [Click here to register](#).

Also during the upcoming school holidays, our very popular **Create, Play & Explore** groups will be back! There are sessions for both school-aged and preschool-aged children, and NDIS funding can be used for these. We are also thrilled to be able to run another **SibWorks program**, specifically for siblings of children with a disability. We love being able to provide this service, with thanks to CommBank Staff Foundation and Hills Shire ClubGRANTS. Scroll down for more information about our school holiday programs and please [contact us](#) to register your interest.

We hope you all have a wonderful start to spring!

Ellen Witzlsperger

CEO, Stronger Together Foundation

Educational & Developmental Psychologist

Announcements

New sensory-sensitive lighting in our therapy spaces!

We would like to thank Daniel and the AEL2 (All Electrical & Level 2) team for installing our new sensory-sensitive lighting in our therapy spaces...



...and a huge thanks to the Zreikat family for sponsoring!
The children are already noticing the difference!



ANNUAL CHARITY GOLF DAY

2024

FRIDAY 18 OCTOBER 2024

LYNWOOD GOLF & COUNTRY CLUB

Supported by:



guardian

CLICK HERE TO REGISTER

JOIN US AT
INFLATABLE WORLD
DURAL

Thursday 10th October 5-7pm
\$5 per child

An evening of play in a safe & inclusive environment for children with developmental delay, disability or neurodivergent needs in the Hills & surrounds. Nuggets and chips provided.

[Click here to book](#)

Create, Play & Explore

**School Holiday Program
Kindy - Year 3**


3rd & 4th October **OR**
8th & 9th October, 9.00am - 1.00pm
16/7 Anella Ave, Castle Hill

What to expect?

- Movement- based games and activities
- Cooking, baking & food experiments
- STEM activities
- Arts & crafts

CLICK TO ENQUIRE

 1300 111 783

 info@stf.org.au



Create, Play & Explore

School Holiday Program Preschool-age

10th & 11th October, 9.00am - 12.00pm
16/7 Anella Ave, Castle Hill

What to expect?

- Movement- based games and activities
- Cooking, baking & food experiments
- STEM activities
- Arts & crafts



[CLICK TO ENQUIRE](#)

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SiBWORKS

School Holiday Program


A fun 3-day School Holiday Program for siblings (aged 8-12) of children with a disability or neurodivergent needs


Monday 30th September - 9.00am - 2.30pm
Tuesday 1st October - 9.00am - 2.30pm
Wednesday 2nd October - 9.00am - 3.00pm

16/7 Anella Ave, Castle Hill



[CLICK TO ENQUIRE](#)

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This program is proudly funded by:



SPEECH THERAPY SERVICES

We have immediate availability for our speech therapy services!

Contact us today to learn more about how we can support your family



[CLICK HERE TO CONTACT US](#)



Contact us