



Formerly known as Fit Kidz Foundation Ltd.

## June Newsletter



It's been a busy month at the Stronger Together Foundation, and it's set to get even busier!

We are so excited to be hosting our **official opening of our new premises!** We would **love for you to join us** on 12th June from 5.30pm until 7pm to take a look around our new premises and learn more about what we do. Light refreshments will be served. **We hope to see you there!** You can [RSVP here](#).

We are also looking to **further improve** our group and therapy spaces with **specialised resources**, so that we can continue to deliver the unique programs we are known for. If you'd like to make a **tax-deductible donation** before June 30, please [click here for our EOFY Appeal](#). You may even want to **sponsor** a particular item on our wishlist, and we will recognise your generous donation with a **sponsorship plaque**.

On Monday 17th June, we are holding a **not-to-be-missed workshop** for those about to begin their toileting journey with their child. Presented by our knowledgeable occupational therapist Rhyannah, this workshop will give you the **confidence to support your child** as they make this big transition. [Book your free spot here](#).

We are opening up **expressions of interest** for our very popular school holiday programs. During the July holidays, we are not only offering our

**Disney Create, Play and Explore** programs for both pre-schoolers and school-aged children, but we are also running a **SibWorks** program. This program is for children aged 8-12 years who have a sibling with a disability and is designed to support their emotional wellbeing. For details, check out the information below and contact us to submit an expression of interest.

Don't forget, tickets are on sale now for the annual **Stronger Together Conference** at the Castle Hill RSL. For those who haven't attended before, the conference is a space where parents and carers from our local community can **build meaningful connections** with others, have **access to information and local support services**, whilst also having an opportunity to hear many **inspiring guest speakers** and terrific families sharing their personal stories on our panels. [Click here](#) for more information about this year's speakers and to get your tickets!

We hope to see you at the opening and the conference, and wish you all a wonderful start to winter!

**Ellen Witzlsperger**

CEO, Stronger Together Foundation  
Educational & Developmental Psychologist

P.S. As part of our rebranding, our Facebook page has changed. [Be sure to follow our new page here!](#)



## Announcements



### Stronger Together Conference

Tickets are now available for our annual **Stronger Together Conference**, to be held at the Castle Hill RSL on **Saturday 31st August 2024**. Facilitated by journalist and mother Jo Abi, guest speakers include Paralympian Tamsin Colley, Kathrin Peereboom (founder of Spectrum Support) and more!

[Book your ticket here](#)

### Congratulations Kirsten!

We are so excited to welcome the **newest member** of the Stronger Together Foundation family! Our wonderful occupational therapist, Kirsten, welcomed baby Charlotte on Mother's Day. Congratulations Kirsten!



YOU'RE INVITED TO

# Stronger Together Foundation Official Opening!

Wednesday 12th June 2024

5:30 - 7:00pm

Unit 16, 7 Anella Ave, Castle Hill 2154

[CLICK HERE TO RSVP](#)



# SUPPORT OUR CHILDREN WITH A TAX-DEDUCTIBLE DONATION

The Stronger Together Foundation offers unique group programs and individual therapies for children with developmental delays or neurodivergent needs. Your **tax-deductible gift** to help improve our group and therapy spaces will help ensure we can continue to support and nurture these amazing children within our community.

## Our wishlist

- ✓ Sensory-sensitive lighting
- ✓ Activity mirror
- ✓ Sensory kits
- ✓ Acoustic wall coverings

[CLICK HERE TO DONATE BEFORE JUNE 30](#)



## TOILETING WORKSHOP

Monday 17th June  
9:30 - 11am

Onsite at the Foundation:  
16/5-7 Anella Ave, Castle Hill

Facilitated by Occupational Therapist Rhyannah, this session is to help parents in supporting their children through the toilet training journey in a comfortable and safe way. It is an opportunity to learn more about toileting, ask your questions and discuss with other parents around their experiences with toileting.

[Book your ticket here](#)

## DISNEY Create, Play & Explore School Holiday Program Preschool-age

This DISNEY themed group is for preschool-aged children (3 years to pre-Kindy) looking to participate in a range of STEM activities and create new friendships in a supported environment.

### When/where is the program?

Thursday 18th July and Friday 19th July

9am-12pm

at our NEW location: 16/5-7 Anella Ave, Castle Hill

### How much does it cost?

\$613.67-\$910.00\*\* for the entire program

\*\*Dependent on enrolments.

Group of 4-6 children and 2-3 staff.

📞 1300 111 783

✉ info@stf.org.au



**ENQUIRE NOW**



## DISNEY Create, Play & Explore School Holiday Program School-Aged - Kindy to Year 2

This DISNEY themed group is for school-aged children in Kindy to Year 3 looking to participate in a range of STEM activities and create new friendships in a supported environment.

### When/where is the program?

Monday 8th and Tuesday 9th July

**OR**

Monday 15th and Tuesday 16th July

9am-1pm

at our NEW location: 16/5-7 Anella Ave, Castle Hill

### How much does it cost?

\$734.84-\$1098.80\*\* for the entire program

\*\*Dependent on enrolments.

Group of 4-6 children and 2-3 staff.

📞 1300 111 783

✉ info@stf.org.au



**ENQUIRE NOW**



# SIBWORKS

## School Holiday Program

SibWorks is a peer support program for children aged 8-12 who have a brother or sister with disability. The program is designed to support siblings by building their emotional wellbeing and connecting with others who share the same experience.

### When/where is the program?

Wednesday 10th, Thursday 11th and Friday 12th July

- Day 1: 9.00am-2.30pm
- Day 2: 9.00am-2.30pm
- Day 3: 9.00am-3.00pm (concludes with 30min parent session)

at our NEW location: Unit 16, 5-7 Anella Ave, Castle Hill

### How much does it cost?

This program is funded by CommBank Staff Foundation and Hills Shire ClubGRANTS.

📞 1300 111 783

✉ info@stf.org.au

**ENQUIRE NOW**



## 2023-2024 Supporters

